

**Fifth Sunday of Lent  
Year B Psalms Wk 1**

**Entrance Antiphon:** Give me justice, O God, and plead my cause against a nation that is faithless. From the deceitful and cunning rescue me, for you, O God, are my strength.

**Responsorial Psalm:** A pure heart create for me, O God.

**Gospel Acclamation:** Glory to you, O Christ, you are the Word of God! If a man serves me, says the Lord, he must follow me; wherever I am, my servant will be there too. Glory to you, O Christ, you are the Word of God.

**Communion Antiphon:** Everyone who lives and believes in me will not die for ever, says the Lord.

**Prayer-events in Lent**

Mass every day at 10 o'clock, unless some special occasion demands.

Wednesdays at 10.40 a.m., after Mass, the Mysteries of the Rosary;

Wednesdays at 3 p.m. Stations of the Cross;

Wednesdays at 7 p.m. Christian Meditation;

Thursdays at 10.45 a.m. Lectio Divina;

Final Lent Thursday **Evening Mass** (March 22<sup>nd</sup>): at 7.30 p.m.;

Fridays at 10.45 a.m. Silent Prayer;

Lenten Alms: two charities proposed by Bishop Alan for us to support

'Don't Screen us Out' - <http://donscreenusout.org/> and

'Aid to the Church in Need – Syria & Iraq' – <https://acnuk.org/campaign/syria-iraq/>

**Walsingham Retreat for 18 – 35s**

**Mysterium** (March 29th - April 1st) - An Easter Triduum retreat for 18 - 35s. Journey through the Triduum as a community of young adults in the intimate surroundings of Dowry House, Walsingham. Led by the Ignite Team. See [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth) for more details.

*(Fr Stefan, have you seen this? It looks like competition for our discernment retreat at the Priory!)*

**Christian Meditation Group**  
**Meeting every Wednesday from 7.00 until 8.00pm**  
**Please join us**

**Mother of Good Counsel, Clare Priory**

Tel: 01787 277326 (Fr David: 01787 279443)

[www.clarepriory.org.uk](http://www.clarepriory.org.uk) Email: [clarepriory@clarepriory.net](mailto:clarepriory@clarepriory.net)

**Augustinian Friars Diocese of East Anglia**

*Fifth Sunday of Lent*

*Missal Page 657 (Old book, 419)*

*18<sup>th</sup> March 2018*

**A grain of wheat must die**

Each of us is like a grain of wheat planted by God.  
Just as a grain of wheat must die so as to produce a harvest,  
so we must die in self in order to bear the fruits of love.  
This dying to self is a gradual process  
and happens in little ways.  
Every act of humility involves dying to pride.  
Every act of courage involves dying to cowardice.  
Every act of kindness involves dying to cruelty.  
Every act of love involves dying to selfishness.  
Thus the false self dies, and the true self,  
made in God's image, is born and nurtured.  
It is by giving that we receive;  
it is by forgiving that we are forgiven;  
it is by dying that we are born to eternal life.

**THOUGHTS FROM AUGUSTINE**

**Life through Death**

Unless the Word of God had first assumed our mortal flesh he could not have died for us. Only in that way was the immortal God able to die and to give life to mortal humans. Therefore, by this double sharing he brought about a wonderful exchange. We made death possible for him and he made life possible for us.

*Sermon 218C,1*

**Prayer:** For your law's sake I have kept faith with you, my Lord, since you have thought it worthwhile to lay down for me the law of mercy, to forgive me all my sins and to admonish me on other matters lest I offend you.

*Commentary on Psalm 129,3*

## Saints of the week

### Monday 19<sup>th</sup> St Joseph

*A Prayer of Blessed Pope John XXIII*

‘**Saint Joseph**, guardian of Jesus and chaste husband of Mary, you passed your life in loving fulfillment of duty. You supported the holy family of Nazareth with the work of your hands. Kindly protect those who trustingly come to you. You know their aspirations, their hardships, their hopes. They look to you because they know you will understand and protect them. You too knew trial, labour and weariness. But amid the worries of material life, your soul was full of deep peace and sang out in true joy through intimacy with God’s Son entrusted to you and with Mary, his tender Mother. Assure those you protect that they do not labour alone. Teach them to find Jesus near them and to watch over him faithfully as you have done. Amen.’

St Joseph is the Protector Saint of the Order of Saint Augustine

### REMEMBER IN OUR PRAYERS ....

Karen Lane, Joan Lally (Irene’s sister), Kathleen Flemming, Anthony Stammers (relation of Sue Negus), Tricia Birt, Fr Ben, Angela Hudson-Evans, Emilie Lambert, Tony Ranzetta Jr, David Sowerby (husband of Teresa Vitoria-Sowerby), Andrew McCullough, Michael Kingston, Kathleen Taplin, Michael Cronin, Pat Moroney, Donna (Pat’s daughter), Aurioi Lamb-Cubitt, Brian Young (Lorna Quick’s brother), Richard Lucking (Kate Davy’s father), Sarah Booth, Kath Bullen, Shirley Kennedy, Jane Brown, Sheila Green, Jack, Lali and Orlando Cardozo, Patricia MacBride, Mark Lunn, Maura Kingston, Donna Wilson (Maria’s daughter-in-law), Michael Farndon, Don Fitzgerald, Mary-Rose Henderson (Jean’s sister), Abbey Joyce, Pauline Wilkinson, Vivienne Hay’s son Matthew, Jack Britton, Luke Twentyman, Ivan Smithet, Fred Taylor, Pat Dowson, Debbie Baloki, Brian David Hye (friend of Lucy Woodhouse), Karen Minns, Joan Perry, Gill Pardoe, Celia Poels.

*If you know of anyone who is ill or housebound, and would like a visit, please let Fr. David know.*

R.I.P. Please pray for Veronica Sharp’s husband, Rodney, who died on Thursday. May his soul, and the souls of all the faithful departed, through the mercy of God, rest in peace.

Please keep in your prayers all those who are on the main list, and also Robbie Lee, George Hopkins and George Davy who have been in hospital. Also, Jane, Lorna Quick’s daughter, and Jo Southin, Mike’s mother, who are very ill.

## Bishops’ best foot forward

Two Anglican bishops of Dunwich and of Bury St Edmunds and Ipswich are walking the western fringe of their dioceses. On the evening of the 20<sup>th</sup>, there is an open invitation to meet them at a gathering to be hosted at the Baptist Church Hall, from 7.30 p.m. They will be lunching with the Priory community on the 21<sup>st</sup>.

### Next Thursday, the 22<sup>nd</sup>

Our three evening Masses for **Lent Thursdays** will finish on the 22<sup>nd</sup>. There was Mass on the 1<sup>st</sup>, when the snow lay all around and no one could come. There was Mass on the 8<sup>th</sup>, with a congregation of nearly a dozen. There was no Mass arranged for the 15<sup>th</sup>, because Fr Stefan and I were attending the Deanery meeting in Thetford. (Sorry if you picked the wrong Thursday.) There will be Mass on the 22<sup>nd</sup>, at 7.30 p.m.

### Readers for Holy Week

Please fill in a space if you would like to do one of the readings during Holy Week. Next Sunday, the 25<sup>th</sup>, when the list is more or less complete, I will distribute copies of the readings. Loud, slow, with the clear intention of reaching the back wall of the church, please. And remember that the Vigil readings are delivered in half-light (or less!).

### Gainsborough Singers’ Concert

Last Saturday’s very appreciative audience gave every indication of their enjoyment. Attentiveness applause, The warmth of their welcome gave confidence to the singers, some of them nine years old or younger on their first visit, others on their fourth visit showing their maturing voices and their dedication to their art. They are trained by Valerie Cockx-Boyle who introduced each singer. There were pieces for clarinet and flute as well. And Fr Anthony Foreman provided an amusing *coda* to the evening by singing ‘I’ve bought me a cat’ by Aaron Copland. Our thanks to: providers of music, audience, raffle ticket buyers and raffle prize providers, cake makers, and to all for a lovely occasion. You will be glad to know that £643 were raised for the upcoming Flower Festival. And that there are still **four** prizes to claim, if you have the appropriate ticket.

**Ticket number: 601-605; 711-715; 726-730; 776-780.**

### Collection

11<sup>th</sup> March - £660.37

Thank you for your continuing generous collection

**The Chrism Mass Tuesday 27<sup>th</sup> at 7 p.m.**

Bishop Alan has invited all the priests and deacons of the Diocese to attend the Chrism Mass at which all the **Holy Oils** are blessed for use in the Sacraments. Obviously it is not just an occasion for the clergy. It is a moment of celebration not just for priests, but for the people of every parish. The holy oils are used in the moments of initiation, confirmation, healing, ordination, that is, for the baptism of our children, for the confirmation of our adolescents as they take on the responsibility of living the Christian life, for the anxious times when grave illness assails us, and for the privileged moment when a priest is ordained for the ministry. If you would like to take up the Bishop's invitation, the Mass starts at 7 p.m. in the Cathedral. Parking is not always straightforward, but there should be a hot-cross bun afterwards.

**Masses during Holy Week.**

There is the usual 10 o'clock Mass **only** on Monday 26<sup>th</sup>, Tuesday 27<sup>th</sup>, Wednesday 28<sup>th</sup>.

**Between now and Easter**

**Wednesday 21<sup>st</sup> Mindfulness follow-up day. 2.00 - 5 p.m. Donation.**

Dr Mark Chambers and Jennie Thornton

**Thursday 22<sup>nd</sup> Introduction to Mindfulness 9.30 - 5 p.m. Donation.**

Dr Mark Chambers and Jennie Thornton

**Wednesday 28<sup>th</sup> to Sunday 1<sup>st</sup> April Holy Week Retreat** – for those who wish to find out more about leading a religious life, led by Fr Stefan Park O.S.A. and Bro Gladson Dabre O.S.A.

**Immediately after Easter**

**Thursday 5<sup>th</sup> Icon Interest Day** for those working on their own icon an opportunity for advice and to share with others, led by Annette Ashton £40

**Thursday 12<sup>th</sup> Healing Prayer Evening** 7.00 to 8.30 p.m. Sheila Graham

**Friday 13<sup>th</sup> to Sunday 15<sup>th</sup> Spring Retreat** An invitation to come and refresh your mind, body and spirit, looking at creation anew, in the beautiful countryside around Clare Priory. £150 Arrive at 5.00p.m. Led by Mary Handforth.

**HOLY WEEK & EASTER CEREMONIES AT CLARE PRIORY**

Sunday March 25 <sup>th</sup>	<b>Palm Sunday</b>	<b>Mass at 8.00</b> Blessing of Palms; Reading of the Passion according to St Mark <b>Mass at 10.00</b> Blessing of Palms, Procession, Reading of the Passion according to St Mark
Thursday 29	<b>Maundy Thursday</b>	<b>Mass of the Last Supper 7.30 p.m.</b> Prayers at the Altar of Repose
Friday 30	<b>Good Friday</b>	<b>Carrying the Cross</b> from Sudbury to Clare; set off from The Croft at 6.30 a.m.
Friday 30	<b>Good Friday</b>	<b>Walk of Witness in Clare</b> Setting off from the Priory at 10.30 a.m.
Friday 30	<b>Good Friday</b> at the Priory	<b>COMMEMORATION OF THE LORD'S PASSION</b> with Saints Peter and Paul's Church, Clare, here at the Priory <b>Celebration begins at 2.30 p.m.</b>
Saturday 31	<b>Holy Saturday</b>	<b>Vigil of Easter:</b> Blessing the New Fire, Paschal Candle, Exsultet. Readings, Renewal of Baptismal Promises, Mass. <b>Vigil begins at 8.00 p.m.</b>
<b>EASTER SUNDAY</b> April 1 <sup>st</sup>		Masses for Easter Sunday at <b>8.00</b> and <b>10.00</b> Easter Egg Hunt after the 10 o'clock Mass (age limits apply!)

The Trinity Singers invite you to join them and

**'Come & Sing'**

**Stainer's Crucifixion**

**Saturday 24<sup>th</sup> March**

**Rehearsal 4.30pm - Performance 7.30pm**

**St John's Methodist Church, Sudbury**

**Tickets: Singers - £5 .00**

**Audience - £8.00 - available at Tourist Office, Sudbury and on the door**

**For more information contact Sue Roberts 01787 319850**